Learning Objectives: At the conclusion of this presentation, participants should be able to:

1. Distinguish between burnout and professional fulfillment
2. Describe the components of professional fulfillment (i.e., culture of wellness, efficiency of process, and personal resilience)
3. Identify available resources to promote wellness and professional fulfillment at UF COM
4. Construct a personal wellness prescription

Dr. Merlo has disclosed no relevant financial relationships. No one else in a position to control content has any financial relationship(s) to disclose.

CME Information:

Accreditation:
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