FEELING OUT OF STEP?

WE NEED YOU FOR A MOBILITY STUDY!

We’re looking for those ages 70 and older who miss the pep in their step.

WWW.ENRGISESTUDY.ORG
Older adults can have slightly elevated markers of inflammation on a blood test, with no signs of illness. Research has found that higher levels of inflammation markers may lead to difficulties walking or easily getting tired or fatigued.

What can we do about this inflammation?

ENRGISE is a research study to look at different ways to reduce the level of these markers in your blood to see if they could help increase mobility.

We will be looking at two ways to lower inflammation:

• Omega-3, commonly found in fish oil
• Losartan, a commonly used medication to treat high blood pressure

If you are 70 years or older, call us at XXX.XXX.XXXX to schedule a screening visit.

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REDUCING MARKERS OF INFLAMMATION

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