Learning Objectives: At the conclusion of this presentation, participants should be able to:

1. Explain the potential of modest intermittent hypoxia to elicit neuroplasticity, particularly in the neural systems controlling breathing and non-respiratory motor behaviors.
2. Explain the impact of sex and age on intermittent hypoxia induced respiratory motor plasticity.
3. Illustrate the potential of intermittent hypoxia as a highly novel therapeutic modality to treat multiple neuromuscular disorders.

Dr. Mitchell has disclosed no relevant financial relationships. No one else in a position to control content has any financial relationship(s) to disclose.

CME Information:

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