Dongsheng Cai, M.D., Ph.D., is professor in Department of Molecular Pharmacology and Institute of Aging, Albert Einstein College of Medicine. He received his medical training and Ph.D. in China, and his post-doctoral training at Joslin Diabetes Center, Harvard Medical School.

Dr. Cai is an international leader in studying neural mechanism of aging as well as related metabolic syndrome. His research interest is focused on understanding the role of central nervous system in the development and intervention of metabolic syndrome, aging and related diseases.