“Exercise to prevent mobility disability”

Presented by

Dr. Marco Pahor

Monday, September 8, 2014
12:00 pm to 1:00 pm
Room 2161
Clinical Translational Research Building (CTRB)

Lunch will be provided

Learning Objectives: At the conclusion of this presentation, participants should be able to
1. Translate public health impact of mobility disability
2. Evaluate the clinical relevance of slow walking speed
3. Recognize the relevance of physical activity for averting mobility limitations and frailty in older persons

CME Information:
Accreditation:
The University of Florida College of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Credit:
The University of Florida College of Medicine designates this live activity for a maximum of 1 AMA PRA Category 1 Credit™. Physicians should claim only the credit commensurate with the extent of their participation in the activity. The VA designates 1.0 hour of Continuing Education credit provided for its employees. Series #5120

Disclosure:
Dr. Pahor has disclosed that he has no relevant financial relationships. No one else in a position to control content has any financial relationship(s) to disclose.

If you have any questions regarding this seminar please contact Dr. Christy Carter at cartercs@ufl.edu