“Aging and skeletal muscle insulin resistance”

Presented by

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Monday, December 8, 2014
12:00 pm to 1:00 pm
Room 2161
Clinical Translational Research Building (CTRB)

Lunch will be provided

Learning Objectives: At the conclusion of this presentation, participants should be able to
1. Evaluate intramyocellular lipids and impaired mitochondrial energetics as potential causes of skeletal muscle insulin resistance
2. Differentiate the effects of physical inactivity, physical fitness and obesity from primary aging effects on insulin resistance and type 2 diabetes
3. Compare and contrast the effects of exercise and weight loss on insulin resistance

CME Information:

Accreditation:
The University of Florida College of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Credit:
The University of Florida College of Medicine designates this live activity for a maximum of 1 AMA PRA Category 1 Credit™. Physicians should claim only the credit commensurate with the extent of their participation in the activity. The VA designates 1.0 hour of Continuing Education credit provided for its employees. Series #5120

Disclosure:
Dr. Goodpaster has disclosed grant/research support from Abbott Nutrition. No one else in a position to control content has any financial relationship(s) to disclose.

If you have any questions regarding this seminar please contact Dr. Christy Carter at cartercs@ufl.edu