“Aging, Motor Output Variability and Motor Learning”

Presented by:
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Monday, December 9th, 2013, Noon – 1:00 PM
CTRB - Classroom 2161

Lunch Provided

Learning Objectives: At the conclusion of this presentation, participants should be able to:
1. Describe the basics of motor control and learning and their interaction with aging.
2. Describe the key neuromuscular mechanisms that limit motor control and learning in older adults.
3. Describe two strategies that can be used as part of interventions to improve motor control and learning in older adults.

Dr. Christou has disclosed no relevant financial relationships. No one else in a position to control the content of this activity has any financial relationship(s) to disclose.

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If you have any questions regarding this seminar, please contact Dr. Christy Carter at cscarter@ufl.edu.