“Integrating Neuroscience & Social Cognitive Approaches to Understanding Physical Activity Behavior and Overall Well-Being in Older Adults”

Presented by:

Erin Olson, MS

University of Illinois at Urbana-Champaign
Department of Kinesiology and Biobehavioral Health

Monday, January 13th, 2014, Noon – 1:00 PM
CTRΒ - Classroom 2161

Lunch Provided

Learning Objectives: At the conclusion of this presentation, participants should be able to:
1. Identify different types of behavioral interventions and modes for intervention delivery used by Exercise Psychology Lab in recent years.
2. Elucidate the relationship between cognitive function and physical activity behavior
3. Conceptually integrate two distinct perspectives of wellbeing in older adults and identify future research directions.

Ms. Olson has disclosed no relevant financial relationships. No one else in a position to control the content of this activity has any financial relationship(s) to disclose.

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If you have any questions regarding this seminar, please contact Dr. Christy Carter at cscarter@ufl.edu.

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