As lush pink and white azalea and camellia blossoms heralded the return of spring, we also celebrated many new beginnings at the UF Institute on Aging.

Chief among them is the completion of our new home in the south wing of the modern, environmentally friendly Clinical and Translational Research Building.

Our new space will foster greater synergy and support continued excellence in our research, clinical and education programs.

UF Health Senior Care, our clinical practice for older adults, has moved into the new building. At our spacious new offices we will continue to give seniors care that is tailored to their needs, at a pace that is just right.

We also have a new chief of the geriatric medicine division, appointed in April, who will oversee and build our clinical program. And we are launching several new clinical studies in areas such as fall prevention and loss of brain function.

With this issue of the newsletter we introduce our new, more engaging design, following on the heels of our first annual report that was issued in January. We hope you like it.

This is an exciting time for the Institute on Aging and we are pleased that you are a partner in our efforts to help older adults lead healthy, independent lives.

Sincerely,

Marco Pahor, M.D.
Director, UF Institute on Aging
On the move

AT HOME IN THE NEW CTRB

We’ve moved!

Two years after we broke ground for a new complex to house the UF Institute on Aging, the expansive, environmentally friendly building is complete, and we’re settling in.

Look for more on our new home when we host our grand opening in September.

SENIOR CARE IS MOVING

New location; same personalized, dedicated attention to seniors

UF Senior Care is moving and changing its name. As of July 15, UF Health Senior Care will see patients in our new offices inside the Clinical and Translational Research Building or CTRB, at 2004 Mowry Road, on the UF campus.

The new location offers a spacious, modern environment that will help make your time with us pleasant and uplifting. Our board-certified geriatricians and other geriatrics professionals provide preventive and primary care for healthy adults 65 and older, as well as consultation with specialists. Parking is free in the adjacent garage.

Call us now at 352-265-0615 to make an appointment or learn more.
A VISIT WITH THE SENATOR

Sen. Bill Nelson visited UF in February to meet with Institute on Aging Director Marco Pahor, M.D., and other faculty members. Nelson visited the institute in his new role as chairman of the U.S. Senate Special Committee on Aging.

VITAMIN D AND FALL PREVENTION

The UF Institute on Aging is recruiting men and women age 70 and older for a study of whether a daily vitamin D supplement can help reduce the risk of falls and promote physical function among older adults who have low levels of the vitamin. The trial is funded by a National Institute on Aging Claude D. Pepper Older Americans Independence Center Award.

For more information or to enroll, call 352-273-5919 or 866-386-7730 and ask about “The D-SAFE study.”

BRAIN IMAGING STUDY

Understanding age-related brain changes could eventually allow researchers to identify factors that contribute to loss of brain function and develop ways to prevent those changes or catch them early. A new study at the UF Cognitive Aging and Memory Clinical Translational Research Program, led by director Ronald Cohen, Ph.D., is beginning to investigate those changes using brain imaging and tests of learning and memory. Recruiting will begin soon.

HAIL TO THE CHIEF

New geriatric medicine head appointed

Dr. Laurence Solberg has been appointed chief of geriatric medicine in the UF College of Medicine department of aging and geriatric research. Under his leadership, the division and the Institute on Aging will continue working to improve quality of care for older adults and strengthen relationships with physicians and services within the UF Health system and in surrounding areas.

Dr. Solberg comes to UF from Vanderbilt University School of Medicine, where he was chief of the Geriatrics Consult Service. He earned his medical degree at Jagiellonian University School of Medicine in Krakow, Poland, and completed specialty training in internal medicine and sub-specialty training in geriatric medicine at Yale University School of Medicine. Dr. Solberg’s research focuses on recognizing and treating delirium in older patients who are hospitalized.
Unlocking life’s mysteries — particularly the secrets of how long and how well we live — is the distinct focus of the University of Florida Institute on Aging. Our scientists and physicians are dedicated to achieving a better understanding of the biological mechanisms of aging and of how we can maintain or enhance our physical independence and cognitive abilities.

Imagine discoveries that fuel positive cellular changes or lead to new therapies to help rehabilitate aging bones and joints . . . private philanthropy makes all this and much more possible.

PRIVATE PHILANTHROPY IS ESSENTIAL TO OUR WORK. YOUR GIFT, REGARDLESS OF SIZE, CAN MAKE THE CRITICAL DIFFERENCE IN FUNDING NEW SCIENTIFIC ENDEAVORS.

To learn more about how you can invest in a healthier and more independent tomorrow for us all, please contact Mary Ann Kiely at 352-273-9620 or email mkiely@ufl.edu.

For employment opportunities, please email Camelia Pascu at cpascu@ufl.edu